



MASSACHUSETTS

THE PRESCRIPTION FOR A HEALTHIER YOU

Your pharmacy benefits might be the most important. And that means it's important to us that you have the tools and resources you need to find out which medications are covered by your plan, how the pharmacy program works, and what you can do to save on prescriptions.



GET TO KNOW THE MEDICATION LOOKUP TOOL

With a simple search, you can see which medications are covered by your plan. You'll find detailed information, including the medication's strength, how it's dispensed, and if it has additional coverage requirements.

Learn more at bluecrossma.org/medication.

SAVE 33%¹ WITH MAINTENANCE CHOICE

Maintenance medications, also known as long-term medications, are used to treat chronic and ongoing conditions. If you're taking a maintenance medication, you'll pay 33% less when you switch to a 90-day supply and fill your prescription at a CVS Pharmacy[®] retail location, or through the mail service pharmacy.

SWITCHING BRINGS BENEFITS



Pay 33% less for 90-day supplies of most maintenance medications



Convenience of filling medications at any of the 9,000+ CVS retail pharmacies



No additional cost for standard delivery through the mail service pharmacy



Fewer trips to the pharmacy, or none at all

HOW TO SWITCH TO 90-DAY FILLS



CVS RETAIL PHARMACY

Talk to your doctor about switching to a 90-day prescription, or show the pharmacist one of the Maintenance Choice All Access letters that you receive in the mail.



MAIL SERVICE PHARMACY

1. Download the MyBlue app, or create an account at bluecrossma.org.
2. Once signed in, click 90-Day Mail Service Pharmacy under My Medications.

Questions?

If you have any questions, call CVS Customer Care at 1-877-817-0477 (TTY: 711).

HEALTH, SAFETY, AND AFFORDABILITY

We use evidence-based clinical criteria to ensure that medications are safe, effective, and affordable. The following programs ensure that certain medications being prescribed are the right ones for you.

PRIOR AUTHORIZATION

For some medications to be covered by your plan, your doctor is required to obtain Prior Authorization from us before prescribing. This process ensures the medication is necessary for your treatment based on specific medical standards. Our Prior Authorization program also includes Step Therapy.

STEP THERAPY

A key part of our Prior Authorization program, Step Therapy allows us to help your doctor treat you with appropriate and affordable medications. Before coverage is allowed for certain costly "second-step" medications, we require that you first try an effective, but less expensive, "first-step" medication. Some medications may have multiple steps.

QUALITY CARE DOSING

Our Quality Care Dosing program helps to ensure that the quantity and dosage of the medications you receive meet the FDA's regulations, clinical standards, and manufacturer's guidelines. When you fill a prescription that requires Quality Care Dosing, it's checked electronically in two ways:

Dose Consolidation

Checks to see whether you're taking two or more pills a day that can be replaced with one pill providing the same daily dosage.

Recommended Monthly Dosing Level

Checks to see that your monthly dosage is consistent with the FDA's and manufacturer's monthly dosing recommendations and clinical information.



For the most updated list of medications that are subject to Prior Authorization, Step Therapy, and Quality Care Dosing, use our **Medication Lookup tool** at bluecrossma.org/medication.

¹ In most cases for eligible maintenance medications. Check plan materials for more details.



GET A PERSONALIZED VIEW OF YOUR PLAN

MyBlue is your online member account that gives you instant access to your plan benefits from any device. Here's what you can do with MyBlue:



View plan coverage and details



Find in-network doctors



Submit fitness and weight-loss reimbursements



Look up medications

Get started by downloading the MyBlue app, or creating an account at bluecrossma.org.

Call Team Blue

If you have any questions about your pharmacy coverage, call us at **1-800-588-5507**.



MASSACHUSETTS

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).