



MAPFRE | INSURANCESM

Managing your Diabetes
has its own Rewards.

Plus we'll give you a few more.



Good Health Gateway[®] Diabetes Care Rewards Program

WHY PARTICIPATE?

- Monitoring your diabetes **helps improve your health.**
- Managing your diabetes helps **reduce your risk of heart disease and stroke.**
- Completing the program requirements qualifies you for **\$0 copays on covered diabetes medications and supplies using your existing MAPFRE Insurance pharmacy card AND your Good Health Gateway RX Rewards Card** at your local, in-network retail pharmacy.

PROGRAM REQUIREMENTS:

- 1. Register on the Good Health Gateway[®] website at www.GoodHealthGateway.com**
You may also register by calling the Good Health Gateway[®] HelpLine at (800) 643-8028 Monday through Friday 8:30 am – 5:00 pm EST.
- 2. Call the Good Health Gateway[®] HelpLine at (800) 643-8028 to:**
 - Review the program requirements; and
 - Schedule a telephone appointment with our Diabetes Nurse Educator.
- 3. Complete the call with our Diabetes Nurse Educator to develop your personal Diabetes Health Action Plan[®] Care Guide.**
You need to confirm you will share your action plan with the doctor that helps you manage your diabetes.
- 4. Submit a "Provider Confirmation Form" to verify completion of the required medical exams and lab tests listed below:**
 - Annual foot exam
 - Annual eye exam, if recommended by your physician, or physician waiver
 - Annual laboratory work-up of your fasting blood lipid levels
 - Annual laboratory work-up of your urine/protein levels
 - Laboratory work-up of your Hemoglobin A1c levels every 6 months

ADDITIONAL INFORMATION:

- Any of the tests or exams above that you have completed in the past year will count toward this requirement.
- You must submit a new Provider Confirmation Form EACH time you update a medical exam or lab test.
- Provider Confirmation Forms are available on our website at www.GoodHealthGateway.com or by calling the Good Health Gateway[®] HelpLine at (800) 643-8028.

Participation in the Good Health Gateway[®] Diabetes Care Rewards Program is voluntary and confidential. Under no circumstances will any medical or private health information about you or your dependents' participation in this program be shared with MAPFRE Insurance.

